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69/348,618 Serial No. 09/566,215

Docket No. LSN-5

In the specifications at related applications:

BACKGROUND

The present application is a continuation-in-part of co-pending U.S. Patent Application serial number 09/173,236 filed 10/15/98 entitled "Height Adjustable Pedestal for Chairs and Tables", now Pat. No. 6,182,583, which is a continuation-in-part of U.S. Patent Application serial number 08/925,088 filed 09/08/97 entitled "Height Adjustable Work Chair Having a Non-Swivel Seat", now Pat No. 6,116,690, by the same inventor as the present application. That These applications application is are incorporated herein by this reference. The present application also claims the benefit under 35 U.S.C. 119E of U.S. Provisional Patent Applications serial number 60/091,800 filed 07/06/98 entitled "Height Adjustable Tables", and serial number 60/092,699 filed 07/14/98 entitled "Tube Release Mechanism for Gas or Hydrometallic Springs' by the same inventor as the present application.

Applicant believes that claims 324-387 are now in condition for allowance, and such action is respectfully requested.

Applicant invites the Examiner to call the undersigned if clarification is needed on any of this response, or if the Examiner believes a telephone interview would expedite the prosecution of the subject application to completion.

Respectfully submitted,

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